# Vine Stripe Cowl

designed by Carolyn Beasley
for Carolina FiberFest Craft-a-long 2026

This cowl is composed of eight vine patterns which are 15 stitches wide. Unblocked it is about 20” around. It is knit in the round on circular needles from bottom up. The pattern may be enlarged by adding more vine patterns or repeating the 12-row pattern repeat.

**Materials:** Sport or light sport yarn - 250 yards, marker for row change, a hook or needle to weave in yarn ends.

**Needles :** Size 5 circular needles , 16” for the eight-vine repeat. If you do a swatch, it will help you determine if you need to adjust the needle size due to your knitting style.

**Gauge :** Unblocked 6 stitches per inch; 7 rows per inch.

This pattern is an adaption from a pattern in Barbara G. Walker's book
“A Second Treasury of Knitting Patterns”. School House Press. Used with permission.

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**Pattern:** For the eight-vine sized cowl cast on 120 stitches using size 5 circular needles. Join the stiches being careful to not to twist them.

- Purl four rows as a base then begin pattern.
- Row 1 and all odd numbered rows Knit.
- Row 2 - *k3, (yo, k1) twice, ssk, k3, k2 tog, k1, p2; repeat from *
- Row 4 - *(k3, yo) twice, k1, ssk, k1, k2 tog, k1, p2; repeat from*
- Row 6 - * k3, yo, k5, yo, k1, sl 1—k2 tog –psso, k1, p2; repeat from *
- Row 8 - * k1, ssk, k3, k2 tog, ( k1, yo ) twice, k3, p2; repeat from *
- Row 10 - * k1, ssk, k1, k2 tog, k1, ( yo, k3 ) twice, p2; repeat from *
- Row 12 - * k1, k3 tog, k1, yo, k5, yo, k3, p2; repeat from *
- Repeat the 12 row pattern five times for the cowl.

**To Finish:** Knit one row. Purl three rows, then cast off on the fourth purl row to finish the cowl. Weave in your ends. Block the cowl.

## Abbreviations

This pattern uses US Knitting Terms and Abbreviations

**K** (Knit), **P** (Purl), **Sl** (Slip)
**CO** (Cast On), **BO** (Bind Off)
**K2tog** (Knit 2 Together)
**YO** (Yarn Over)
**SSK** (Slip, Slip, Knit)
**PSSO** (Pass slipped stitch over)

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