

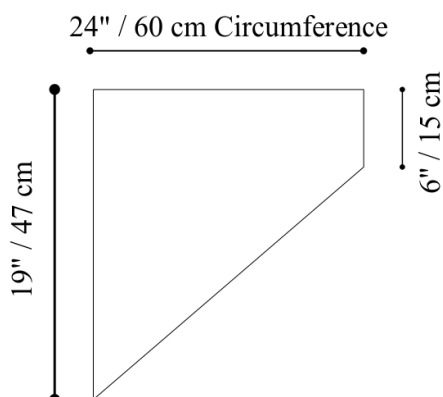


# Euphoric Cowl

By Susanne Talluri

This design is for my local Carolina FiberFest Craft-a-long. This is a bandanna style cowl that is worked flat, as a top-down triangular shawl, then joined to work in the round. This design is a combination of texture, a simple lace section, ending with a rib border. This pattern will be available for download on the Carolina FiberFest website as a free pattern between October, 2022 and March 31, 2023. [CarolinaFiberFest.org](https://CarolinaFiberFest.org)

**FINAL MEASUREMENTS:** 24" (60 cm) circumference, 19" (47 cm) deep front, 6" (15 cm) deep back.



Euphoric Cowl

### **Materials:**

1 skein of Fingering weight yarn.

**Sample used:** The Periwinkle Sheep Watercolors Sock in the Speckles #60 colorway 75% Merino/25% Nylon (420 yds/384 m per 100 grams). Approximately 72 grams/302 yds/ 276 m total used.

**Tip:** If using a plant-based fiber, I recommend going down one needle size. Plant-based fibers tend to grow with time, so going down one size will make the fabric most like the wool fabric.

**Needles:** US Size 6 (4.0 mm) 16 - 24" circular needles, 4 Stitch markers, 1 Tapestry needle to weave in ends.

### **Gauge:**

4 in (10 cm) = 24 st/36 rows blocked stockinette.

### **Required Techniques**

You should be able to "read" your knitting; know how to identify purl and knit stitches.

### **Abbreviations:**

**RS-** right side of work

**WS-** wrong side of work

**pm-** place marker

**sm-** slip marker

**m-** marker

**rm-** remove marker

**BOR-** beginning of round

**st(s)-** stitch(es)

**k-** knit

**p-** purl

**yo-** yarn over

**rnd(s)-** round(s)

**k2tog-** knit 2 sts together

**k3tog-** knit 3 sts together

**k1tbl-** knit 1 st through the back loop.

**RHN/LHN-** right hand needle/ left hand needle

**k2togtbl-** knit two sts together through the back loop.

**sl1wyif-** slip one st purlwise with yarn held in front of work.

**sl1wyib-** slip one st purlwise with yarn held in back of work.

**ssk-** slip as if to knit twice, then knit them together through the back loop.

**M1R-** make 1 right by lifting the yarn between the sts from back to front, knit through the front of loop.

**M1L-** make 1 left by lifting the yarn between sts from front to back, knit through the back.

**M1Rp-** make 1 right purl by lifting the yarn between the sts from back to front, purl through the front of loop.

**M1Lp-** make 1 left purl by lifting the yarn between sts from front to back, purl through the back.

## Instructions

### Garter tab cast on:

#### **Traditional Method:**

Cast on 3 sts. Knit 6 rows, turn work 90°, pick up and knit 3 sts, turn 90°, pick up and knit the 3 original cast on sts. (9 sts)

#### **Modified Method**

Cast on 3 sts using waste yarn and a provisional cast-on.

**Row 1 (WS):** k3.

**Row 2 (RS):** sl1wyif, k2.

**Rows 3-5: work Rows 1 and 2 once more, then work Row 1 again.**

**Row 6 (RS)** sl1wyif, k2, then rotate your work 90 degrees and pick up and knit 3 stitches along the side from the garter ridges. Remove the provisional cast-on and knit the first 3 cast on stitches. (9 sts)

### Stockinette Section

The stitch count will increase by 4 stitches on every right-side row.

**Set up row (WS):** sl1wyif, k2, pm, p1, pm, sl1wyif (**this is your center spine st**), pm, p1, pm, k2, k1tbl.

**Row 1 and all RS rows:** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 2 and all WS rows:** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Repeat rows 1-2** until you have **65 sts**, ending with a WS row.

### Purl Ridges 1

**Row 1 (RS):** sl1wyif, k2, sm, M1L, p to m, M1R, sm, k1, sm, M1L, p to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 2 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Row 3 (RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 4 (WS):** sl1wyif, k2, sm, k to m, sm, sl1wyif, sm, k to m, sm, k2, k1tbl.

**Row 5 (RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 6 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Row 7 (RS):** sl1wyif, k2, sm, M1L, p to m, M1R, sm, k1, sm, M1L, p to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 8 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl. (**81 total sts**)

### Texture 1 (Seed Stitch)

We want each half of the shawl to mirror each other.

**On the right side:** sl1wyif, k2, sm, M1L increase at the beginning, knit the established pattern, a M1R, center st, M1L, knit the established pattern, M1R increase, sm, k2, k1tbl.

**On the wrong side:** knit the purls and purl the knits. Watch for the increases so that they keep true to the stitch pattern. Keep in mind that your M1 increase will appear to be purls on the WS and you will need to incorporate them into your k1, p1, pattern. This means that you may have to purl or knit your increases to keep true to pattern.

**Set up row (RS):** sl1wyif, k2, sm, M1L, \*k1, p1, repeat from \* to last st, k1, M1R, sm, k1, sm, M1L, k1, \*p1, k1, repeat to m, M1R, sm, k2, k1tbl. (4 sts increased)

**All WS rows:** sl1wyif, k2, sm, knit the purls and purl the knits across to m, sm, sl1wyif, sm, knit the purls, and purl the knits across to m, sm, k2, k1tbl.

**All RS rows:** sl1wyif, k2, sm, M1L, knit the purls and purl the knits across to m, M1R, sm, k1, sm, M1L, knit the purls and purl the knits across to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Repeat these two rows** until you have **117 total sts** on your needles, ending with a WS row.

## **Purl Ridges 2**

**Row 1 (RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 2 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Row 3 (RS):** sl1wyif, k2, sm, M1L, p to m, M1R, sm, k1, sm, M1L, p to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 4 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Row 5 (RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 6 (WS):** sl1wyif, k2, sm, k to m, sm, sl1wyif, sm, k to m, sm, k2, k1tbl.

**Row 7 (RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 8 (WS):** sl1wyif, k2, sm, p to m, sm, sl1wyif, sm, p to m, sm, k2, k1tbl.

**Row 9 (RS):** sl1wyif, k2, sm, M1L, p to m, M1R, sm, k1, sm, M1L, p to m, M1R, sm, k2, k1tbl. (4 sts increased)  
**(137 total sts)**

## **Texture 2**

This section you will be slipping sts on the WS and knitting across on the RS. On the WS instructions, you may begin or end with a sl1wyif or a k1. **Always slip yarn purlwise with yarn held in front for this section. You need to remember that you MUST keep an eye on the columns of slipped stitches**, so you always sl1wyif in the slipped column only to create the following look (See photo below). **You also need to remember to mirror on the other side of the center stitch as we did with the previous Texture 1 section.**



**Set-up row (WS):** sl1wyif, k2, sm, \*sl1wyif, p1, repeat from \* to 1 st before m, sl1wyif, sm, sl1wyif, sm, sl1wyif, \*p1, sl1wyif, repeat from \* to m, sm, k2, k1tbl.

**Row 1(RS):** sl1wyif, k2, sm, M1L, k to m, M1R, sm, k1, sm, M1L, k to m, M1R, sm, k2, k1tbl. (4 sts increased)

**Row 2(WS):** sl1wyif, k2, sm, repeat the sl1wyif, k1 pattern to the m, sm, sl1wyif, sm, \*alternate sl1wyif and k1, as the pattern sts direct you, repeat from \* to m, sm, k2, k1tbl.

**Repeat row 1 & 2 until you have 165 total sts.**

### **Join to work in the round**

**Keep in mind what was mentioned above, you will either start with sl1wyib or you will start with p1. Always read your knitting.**

**Set-up row 1 (RS):** k3, rm, M1L, k to marker, M1R, sm, k1, sm, M1L, k to marker, M1R, rm, k2, pm (this is your BOR m).

**\*You will now join to work in the round, the last st of this row should be on the left needle, continue to set-up rnd 1. (4 sts increased)**

**Set-up rnd 1:** k3togtbl, p1, \*sl1wyib, p1, repeat from \* to 1 st before m, p1, sm, sl1wyib, sm, p1, \*p1, sl1wyib, repeat from \* to 1 st before m, sl1wyib. (2 sts decreased)

**Rnd 1:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increased)

**Rnd 2:** \*sl1wyib, p1, repeat from \* to 1 st before m, p1, sm, sl1wyib, sm, \*p1, sl1wyib, repeat from \* to 1 st before m, sl1wyib.

**Rnd 3: Repeat Rnd 1 once more.**

**Rnd 4:** \*sl1wyib, k1, repeat from \* to 1 st before m, sl1wyib, sm, sl1wyib, sm, \*sl1wyib, k1, repeat from \* to 1 st before m, sl1wyib.

**Rnd 5:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increased)

**173 total sts**

### **Purl Ridges 3**

**Rnd 1 (WS):** p to m, sm, slwyib, sm, p to BOR.

**Rnd 2:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increased)

**Rnd 3:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 4:** p to m, M1R, sm, k1, sm, M1L, p to BOR. (2 sts increased)

**Rnd 5:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 6:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increased)

**Rnd 7:** p to m, sm, slwyib, sm, p to BOR.

**179 total sts**

### **Lace Section**

**Rnd 1:** k2, \*yo, k3, (from the 3 sts just knit that are on your RHN) pass first knit st over the last 2 sts, repeat from \* to m, M1R, sm, k1,

M1L, \*k3, pass first knit st over the next 2, yo, repeat from \* to 2 sts before m, k2. (2 sts increased)

**Rnd 2:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 3:** k1, \*yo, k3, pass first knit st over the next 2, repeat from \* to 2 sts before

marker, yo, k2tog, M1R, sm, k1, sm, M1L, ssk, yo, \*k3, pass first knit st over the last 2 sts, yo, repeat from \* to last st, k1. (2 sts increased)

**Rnd 4:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 5:** \*yo, k3, pass first knit st over the next 2, repeat from \* to 1 st before marker, k1,

M1R, sm, k1, M1L, k1, \*k3, pass first knit st over the next 2, yo, repeat from \* to BOR. (2 sts increased)

**Rnd 6:** k to m, sm, slwyib, sm, k to BOR.

**Repeat rnds 1-6, 2 more times. (197 total sts)**

### **Purl Ridges 4**

**Rnd 1:** p to m, M1R, sm, k1, sm, M1L, p to BOR. (2 sts increase)

**Rnd 2:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 3:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increase)

**Rnd 4:** p to m, sm, slwyib, sm, p to BOR.

**Rnd 5:** k to m, M1R, sm, k1, sm, M1L, k to BOR. (2 sts increase)

**Rnd 6:** k to m, sm, slwyib, sm, k to BOR.

**Rnd 7:** p to m, M1R, sm, k1, sm, M1L, p to BOR. (2 sts increased)

**Rnd 8:** k to m, sm, slwyib, sm, k to BOR.

**205 total sts**



### **Border**

**Rnd 1:** p1, \*k2, p2, repeat from \* to last st, k1, M1R, sm, k1, sm, M1L, k1, \*p2, k2, repeat from \* to last st, p1. (2 sts increased)

**Rnd 2:** p1, \*k2, p2, repeat from \* to 2 st before m, k2, sm, sl1wyib, sm, k2, \*p2, k2, repeat from \* to last st, p1.

**Rnd 3:** p1, \*k2, p2, repeat from \* to 2 st before m, k2, M1R, sm, k1, sm, M1L, k2, \*p2, k2, repeat from \* to last st, p1. (2 sts increased)

**Rnd 4:** p1, \*k2, p2, repeat from \* to 3 sts before m, k2, p1, sm, sl1wyib, sm, p1, k2, \*p2, k2, repeat from \* to last st, p1.

**Rnd 5:** p1, \*k2, p2, repeat from \* to 3 sts before m, k2, p1, M1R, sm, k1, sm, M1L, p1, k2, \*p2, k2, repeat from \* to last st, p1. (2 sts increased)

**Rnd 6:** p1, \*k2, p2, repeat from \* to m, sm, sl1wyib, sm, \*p2, k2, repeat from \* to last st, p1.

**Rnd 7:** p1, \*k2, p2, repeat from \* to m, M1R, sm, k1, sm, M1L, \*p2, k2, repeat from \* to to last st, p1. (2 sts increased)

**Rnd 8:** p1, \*k2, p2, repeat from \* to last st, k1, sm, sl1wyib, sm, k1, \*p2, k2, repeat from \* to last st, p1.

**Repeat rows 1-8** until you have **knitted 1.5" (3.75cm)**, or your desired length.

**Bind off in pattern using a stretchy bind off.**

### **Finishing**

Block, weave in ends, and ENJOY!!

**I would love to see your work! Please tag me, using #handmadebyzandesigns or #Euphoriccowl**

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